

le Days

THRIFTY DAY END

5, 27, 28, 29

'S for the best

ORK & EANS 10¢

Includes 5c Off Label

PREM cheon Meat 39¢

In a Tall 300 Can, Try It

TAIL 23¢

Best you can possibly buy. Tall Can

ES 35¢

Breakfast mix with extra flavor. 2-lb. Pkg.

IX 33¢

In this world, serve it soon 24-ounce Jar

IP 59¢

F. & P. Brand — SWEET or
B-B-Q RELISH

29¢

Golden Grain Premium
LAGER BEER

6 12-OZ. CANS 79¢

Delicious & Good
BROWN
ONIONS

3 LBS 14¢

BIG BAR-B-Q BRAZIER

A real find for summertime feasting! Barbecue has a firebowl two feet wide, big enough to feed a crowd. Baked on copper-tone finish, chrome-plated reinforced grill, with crank to raise and lower, U.L. approved motor and cord with on-off switch. REGULARLY 17.95.

DISCOUNT PRICE
\$10.88



FROZEN SUCKER MOULD

Make your own frozen suckers in your own freezer! Invent new, exciting flavors! Polyethylene mold makes eight frozen suckers in your freezer out of anything that's wet and tastes good—fruit juice, fruit cocktail, soft drinks. The kids will love 'em—and they're economical too! Two extra dripless cup sticks inside package.

DISCOUNT PRICE
88¢



From The Land of the Tall Golden Corn, FRESH

PORK LOINS

Whole or Loin Half Pork Loins **49¢ lb.**



U.S.D.A. Govt. Grade "CHOICE" Steer Beef

ROUND STEAK

RUMP ROAST

BEST CENTER CUTS

69¢ lb.

ALL BEST CUTS

69¢ lb.

BONELESS SWISS STEAK **69¢ lb.**

VICTORY FLASH FROZEN, Cleaned, Oven Ready, 4 to 5 lb. Avg.

Roasting Chickens 39¢ lb.

The Tasty Fish From Nature's Cupboard

RAINBOW BROOK TROUT 69¢ lb.

Northern, Best Slices

HALIBUT STEAKS 59¢ lb.

Wilson's Corn King

SLICED BACON 49¢

1-Pound Package

Extra Fresh & Lean

GROUND ROUND 69¢ lb.

Superior Large

BREADED SHRIMP 1.09

1 1/2-lb. Package

Pint of Potato Salad 1c

MAGIC
CHEF
GOURMET
GALLEY

With The Purchase Of
Barbecued
CHICKEN

You get a pint of delicious potato salad for only one cent, when you buy a barbecued chicken at only \$1.19

\$1.19

STRAWBERRY CHIFFON PIE 59¢

Strawberries are in their prime which accounts for this gastronomical delight. Regularly 69¢

Good enough to make the best bee jealous. Regularly 79¢

BEEHIVE COFFEE CAKE 69¢

Your husband will love you for this. Regularly 98¢

German Chocolate Cake 89¢ lb.

Del Amo
Shopping
Center
Corner of
Hawthorne &
Sepulveda

MAGIC CHEF



Gas Air-Conditioning Used In Balanced Power Homes

The fact that gas air conditioning is more versatile today than ever before in its history is proving a valuable asset to builders using the Balanced Power Homes concept.

Builders of Balanced Power homes have more variety of size and design available to them than at any time since residential and small commercial gas air conditioning made its debut after World War II, according to G. M. Babbe, Division Manager of the Southern California Gas Company here.

EXAMPLE
"The variety, as well as the efficiency and economy of gas air conditioning, make it an excellent example of the Balance Power concept of doing each household job with the energy source that can do it most efficiently, most conveniently, and at lowest cost," Babbe said.

Emphasizing the availability of a gas air conditioner for any size and type of home, Babbe pointed to one leading manufacturer of small and medium-tonnage gas-fired absorption air conditioning equipment who now has units in a wide range of sizes.

"Moreover," Babbe said, "units have been developed that can discharge condition-

ed air downward into perimeter or similar systems and provide either year-around climate control or cooling only."

"These units can be installed outdoors or fitted into any convenient interior location, and it is also now possible to "zone" this gas air conditioning—or split up a system into individual areas for optimum flexibility of control and operating economy," he continued.

VALUE
According to Babbe, gas air conditioning thus points up the value of the Balanced Power home where modern, automatic gas equipment handles the jobs it can do with most ease, speed and economy—jobs such as cooking, air conditioning, water heating and clothes drying.

On addition, he noted, the Balanced Power Home concept also includes adequate wiring for modern lighting, furnace fans, garbage disposers and dishwashers, plus plenty of outlets for such plug-in appliances as television sets, radios, hi-fi equipment, mixers and toasters.

Dance Festival

All parents of children attending 223 Street School are cordially invited to the annual dance festival on Monday, May 29. The dance festival will start at 1 p.m. on the school playground. A Spanish theme will prevail this year.

An imitation bull fight will be presented, and a student king and student queen will be crowned. In keeping with the theme a forty minute cartoon will be shown in the school auditorium.

Chile and beans, hot dogs, cupcakes, chileburgers, and coffee will be sold by PTA members. A general store will also be set up on the playground. Children attending 223 Street School may purchase five and 10 cent tickets from their teachers all this week. Six ticket booths will be set up on the playground to accommodate everyone attending the festival. Dart, balloon, bean bag, and fishing game booths will be managed by PTA members.

Redmon; Boice Commencement Speakers

According to an announcement made by President Kenneth A. Stewart, of Pacific Bible Seminary, 4835 East Anaheim St., Long Beach, commencement week activities will begin on Sunday, June 4, with Baccalaureate Exercises held in the McCall Chapel, on campus. Dr. William S. Boice, minister of the First Christian Church, Phoenix, Arizona, will be the Baccalaureate Speaker. Also on the program will be Dr. Joseph M. Applegate, for thirty years minister of Crenshaw Christian Church, Inglewood; Mr. Alger Fitch, minister of Parkcrest Church of Christ, Long Beach.

Coming west from his position in Atlanta (Georgia) Christian College, President James Redmon will deliver the Commencement address at the program honoring the graduating class on Friday evening, June 9. President Redmon has held his present position for five years, following a distinguished career as a pastor in Ohio, Georgia, and Illinois. He is a graduate of Cincinnati Bible Seminary, with additional work at the University of Cincinnati. Others on the program include Mr. John T. Chase, minister, First Christian Church, Downey; Mr. Delmar Parks, minister First Church of Christ, San Fernando, and president of the Pacific Bible Seminary Alumni Association; and Mr. and Al Karges, Jr., minister of Central Christian Church, San Bernardino.

Common Cold

"Common" is the right word for that drippy, hawking, aching plague of mankind—the cold. Year after year, it remains his most common ailment. While usually more annoying than dangerous in itself, it can quickly develop into a severe illness.

Colds are part of a group of upper respiratory diseases which are also very expensive to man. The medical bill alone for these ailments runs to some three billion dollars a year. Add time and production lost through absence, figured at another two million dollars, and the total bill comes to around five billion dollars a year.

Despite marvelous advances elsewhere, modern medicine has made little progress against the cold. The main trouble is that the viruses which cause colds have so far escaped detection by medical scientists, except possibly for the common cold workers at Mill Hill, London, England. This problem must be solved before any further progress can be expected.

Meanwhile, from practical experience, medicine has a few simple rules for cold prevention:

As much as possible, keep away from someone with a cold. Especially, stay out of the line of fire of sneezes and coughs. The cold germ can travel this way from three to five feet. Also, avoid crowds during cold epidemics.

Use soap and water vigorously, especially on your hands before eating after touching someone with a cold, and on kitchenware and linens used by that person. It's far better to use disposable facial tissue than a handkerchief during a cold.

Keep up your general health and resistance. Avoid hills, wet feet and fatigue. Eat regular, well-balanced meals.

On the other hand, despite clever claims, heavily-advertised gargles and nose-drops have little effect on cold viruses. An adequate and well-balanced diet is much more effective than vitamin pills. "Toughening" processes, including cold baths and sleeping on a winter porch, have little effect on colds, one way or another. This also applies to climate; people in warmer areas can expect just as many colds as in freezing weather.



GOLDEN SLIPPERS—1962 All America Rose Selection award winner achieves a color break among Floribundas with its distinctive petals of fluorescent orange and gold. Its unique coloring begins in bright gold buds that are flushed with red. Blooms of Golden Slippers display an upper petal surface of glowing orange-vermillion, contrasted brilliantly by a rich gold color on the lower surface.